

# Reader Reactions Real Life and Relationships Don't Mix

*"In Real Life and Relationships Don't Mix, Dawna Roberts offers an intimate glimpse into the ebbs and flows of her romantic life, centering on the transformative journey with her partner, Glenn. This memoir stands out not just for its candid recounting of a love lost and rekindled but for its innovative take on maintaining individuality within a partnership. Roberts and Glenn's decision to inhabit adjacent condos as a means to foster personal growth and subsequently enrich their relationship is a testament to the idea that true intimacy requires space. The memoir is enriched with journaling exercises aimed at self-care and self-love, foundational elements that Roberts argues are crucial for nurturing healthy relationships. What resonated most with me was the concept of "sleep divorce" and its undeserved negative connotation in society. Roberts challenges this stigma, advocating for the importance of personal well-being as the cornerstone of a strong partnership. Her honest portrayal of the challenges and triumphs faced with Glenn provides a compelling narrative that not only entertains but educates on the power of love, autonomy, and the unconventional paths to happiness within relationships."* – Drusilla Carlisle, Author of Possession and Mermaid Blues

**"ARC Review** OMG!!! Wow. For non-fiction, semi-self-help with guidance from the author, this book was very enlightening. I enjoyed the rawness of this book from the mouth of the author and her real-life relationship. The struggles and the journey she paints for us allowed me to feel part of her life. A lot of the information I gathered is helpful and will become even more helpful whenever I decide to break my 6-year singlehood and get into a relationship. I'm excited for this journey. Thank you. Check it out for some tips on how to have a healthier relationship." – RoRo Gaines

*"I was really shocked by how much I enjoyed this book. I was very skeptical due to my own experiences, but I definitely wanted to help this author get the book out there for*

*others to read. I learned a lot from this book. I learned about myself and previous relationships that I have endured.” – Katie Peck*

*“Dawna’s memoir of her relationship with Glenn has been laid out with a deep honesty and vulnerability. It’s a wonderful illustration that even relationships that do not fit social norms or traditional roles can work quite well. Finding what works for both people in the relationship is what is most important. Any relationship based on mutual love and respect can work if both partners are in agreement as the “terms” of the relationship. Dawna, thank you for your open and honest sharing of your relationship with Glenn. Your memoir is a beautiful reminder that relationships with unconventional living arrangements that work for both partners can lead to a life of love and happiness.” – Lori Burke*